

# Houston CityBook

## 2020 LEADERS & LEGENDS

3RD ANNUAL  
PORTRAIT  
COLLECTION  
FEATURING

**RACHEL DALY**

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**JOANNE KING  
HERRING**

**FAISAL MASUD**

**FLOYD  
NEWSUM**

**STEVE RADOM**

**JONNY  
RHODES**

**TRA'  
SLAUGHTER**

**BECCA CASON  
THRASH**

**WELCOME  
WILSON**

& CHEF-ACTIVIST

**JONNY  
RHODES**

**Cool Stuff  
Made in  
Houston**

In Praise of  
Front Porches

**Fall Fashion:  
10 Photographers  
Seeing Red!**

Remembering  
Gerald Hines  
& Tony Vallone

**Home Design:  
Bachelor  
Father Flair**

**Compass  
Real Estate  
Presents**  
A Virtual Tour  
of Houston's  
Hottest Homes



**Barrels of Fun**  
Clockwise from top:  
Wining and relaxing  
in Fredericksburg, the  
Woodstock Mule at  
new Chase's Place,  
and Becker Vineyards,  
one of 40-plus  
wineries in the region

# More Than Peachy

Branching out beyond the fruit for which it has become known, Fredericksburg is a welcome weekend getaway for Covid times. **By Patrick Magee**

Houstonians think they know Fredericksburg: the land of peaches, wine and bed-and-breakfasts (and, most importantly, less humidity). And while it's true that — for good reason! — the Texas Hill Country recently came in at No. 5 on *USA Today's* list of best wine-centric destinations, a new generation of entrepreneurs aims to expand Fredericksburg's rep beyond the vine.

Take, for example, a near-impossibly trendy concoction found at Chase's Place: the Woodstock Mule, made with Colorado High Hemp Vodka, Cherry Indica CBD and pineapple-ginger-oolong-tumeric Kombucha. Just opened in April, Chase's Place is currently the town's only craft cocktail bar, owned and operated by Chase Guthrie. With long hair and an acting

degree with a concentration in Shakespeare from NYU, Guthrie — the nephew of Nina and Edd Hendee, the owners of Houston institution Taste of Texas — designed the bar and cocktail menu himself, both with an old-meets-new sensibility. The marriage of tradition and modernity is a perfect parallel for what Guthrie and a new class of small-business owners are hoping to accomplish in Fredericksburg.

A block away, at the independently owned Elk Store Winery & Distillery, there's wine, of course. But lining the walls are metal barrels containing brandy, gin, rum and moonshine — which is used in the shop's Pecan Pie Moonshine ice cream! Nearby, the adorable Caliche Coffee and Espresso Bar serves top-notch caffeinated treats and locally sourced small plates in a >

## ALL IS WELL AT AUSTIN'S MIRAVAL

**MIRAVAL Austin** Resort & Spa, the sprawling wellness resort overlooking Lake Travis, was closed for three months due to Covid. When it reopened, it found a plethora of patrons eager to escape doom scrolls and indulge in some serious R&R.

An Austin haven since 2018, Miraval's ethos is all about "balance" — from the beautifully prepared food to the array of fitness classes and educational courses. Since the pandemic, in addition to the now-standard protocols like mask-wearing and reduced capacity, the resort has added a robust roster of workshops addressing topics such as grieving, digital mindfulness and stress management. Dedicated staff members handle each guest's "experience itinerary"; a sample day may include a course on bee-keeping, a visit to the Cypress Creek Farm and an Abhyanga massage.

All visitors are encouraged to turn off their phones for the duration of their visit. It's a smart move, especially these days. Upon one's return from an intro-to-archery course, weary-armed and light-footed, forego the usual evening social-media scroll — and instead take a dive into the Serenity pool, an infinity pool with stunning Hill Country vistas. In that moment, buoyed over the edge, it's difficult to feel weighed down by the world. —MELLANIE PEREZ



Horse Play Equine experiences await at Miraval.